



HOS MEETING 2026

# MAPS AND LOCATIONS

[From Oslo Airport](#) | [From Oslo to NMBU](#) | [Campus Map](#) | [Social Activities](#)

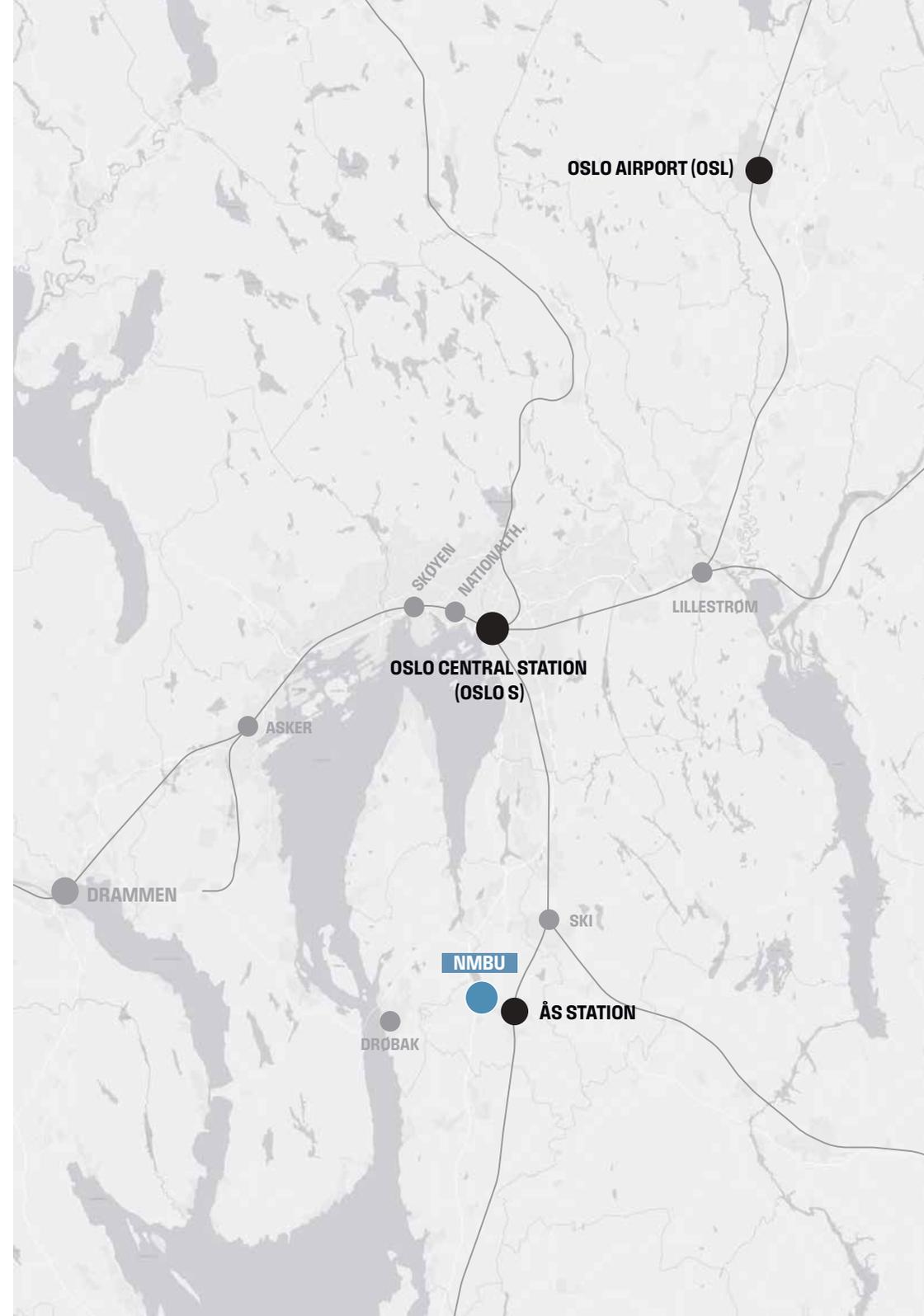
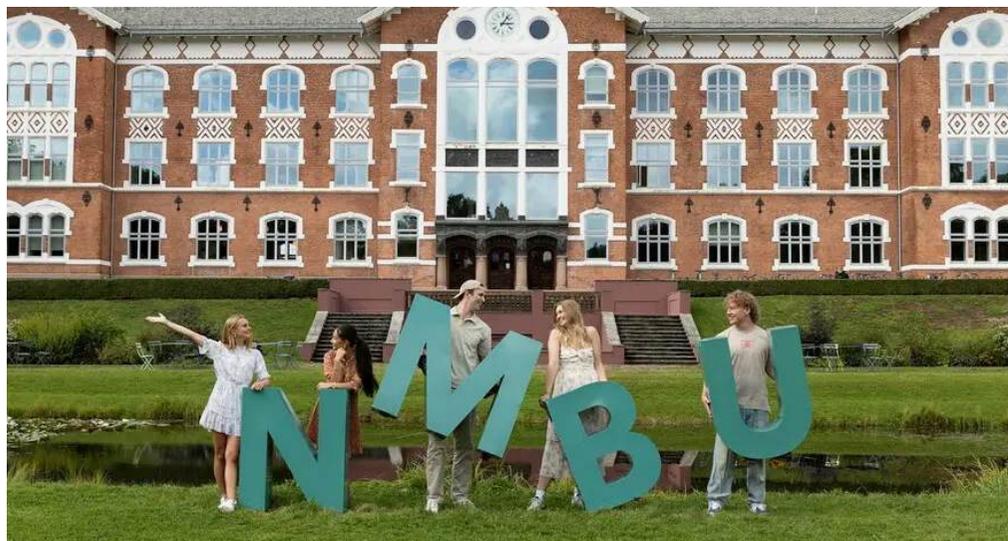
# FIND YOUR WAY TO HOS 2026

HOS 2026 will be held at **NMBU - Norwegian University of Life Sciences**. The university is located approximately 25 km south of Oslo city centre and is easily accessible by train or bus.

In this document, you will find practical information about:

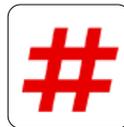
- Arrival at Oslo Airport
- Travel from Oslo to NMBU
- Campus map
- Social activities

## NMBU



# PUBLIC TRANSPORT IN THE OSLO REGION

Use the Ruter app to plan your journey and purchase a ticket when you travel with public transport in the Oslo region.



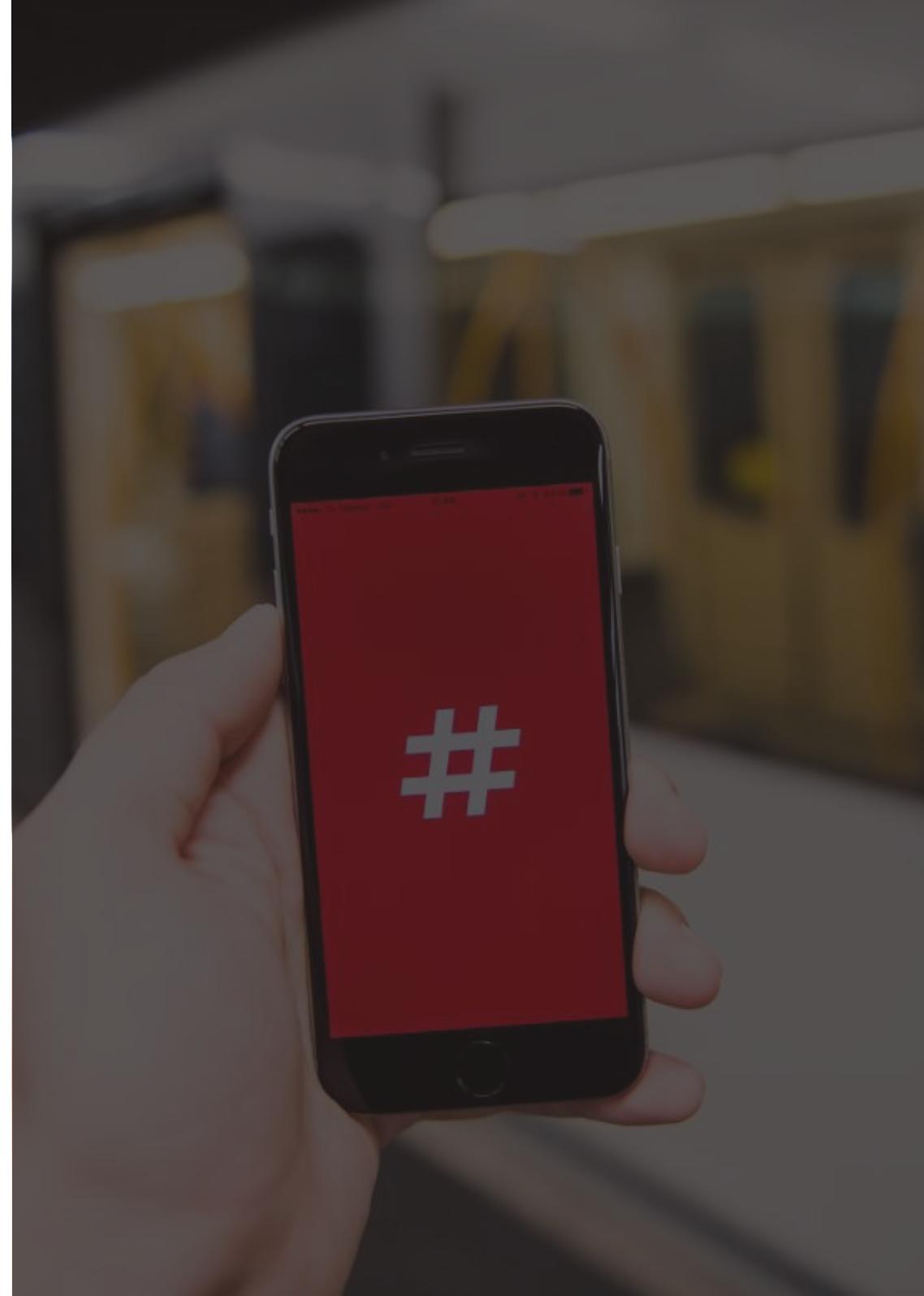
Ruter

You can also:

- see real-time departure times
- filter transportation modes
- get relevant service disruption information
- get accessibility information for certain stops
- find the nearest available City Bike
- get travel suggestions for cycling and walking

You can pay with:

- Show
- MasterCard
- Vipps
- Apple Pay
- Amex



**FROM THE AIRPORT**

# FROM THE AIRPORT



## BY TRAIN TO OSLO CITY CENTRE

Several train services operate between Oslo Airport and Oslo city centre. You can choose between two train operators. The main train stations in Oslo city centre are:

- Oslo Central Station (Oslo S)
- Nationaltheatret

The following train lines serve both stations:

Operator	Service and destination	Operator	Service/line and destination
	<span style="background-color: #0070C0; color: white; padding: 2px;">RE10</span> Drammen		<span style="background-color: #FF8C00; color: white; padding: 2px;">FLY1</span> Drammen
	<span style="background-color: #0070C0; color: white; padding: 2px;">RE11</span> Skien		<span style="background-color: #FF8C00; color: white; padding: 2px;">FLY2</span> Oslo S
	<span style="background-color: #D9534F; color: white; padding: 2px;">R12</span> Kongsberg		<span style="background-color: #FF8C00; color: white; padding: 2px;">FLY2</span> Stabekk

For trains operated by Vy, tickets can be purchased:

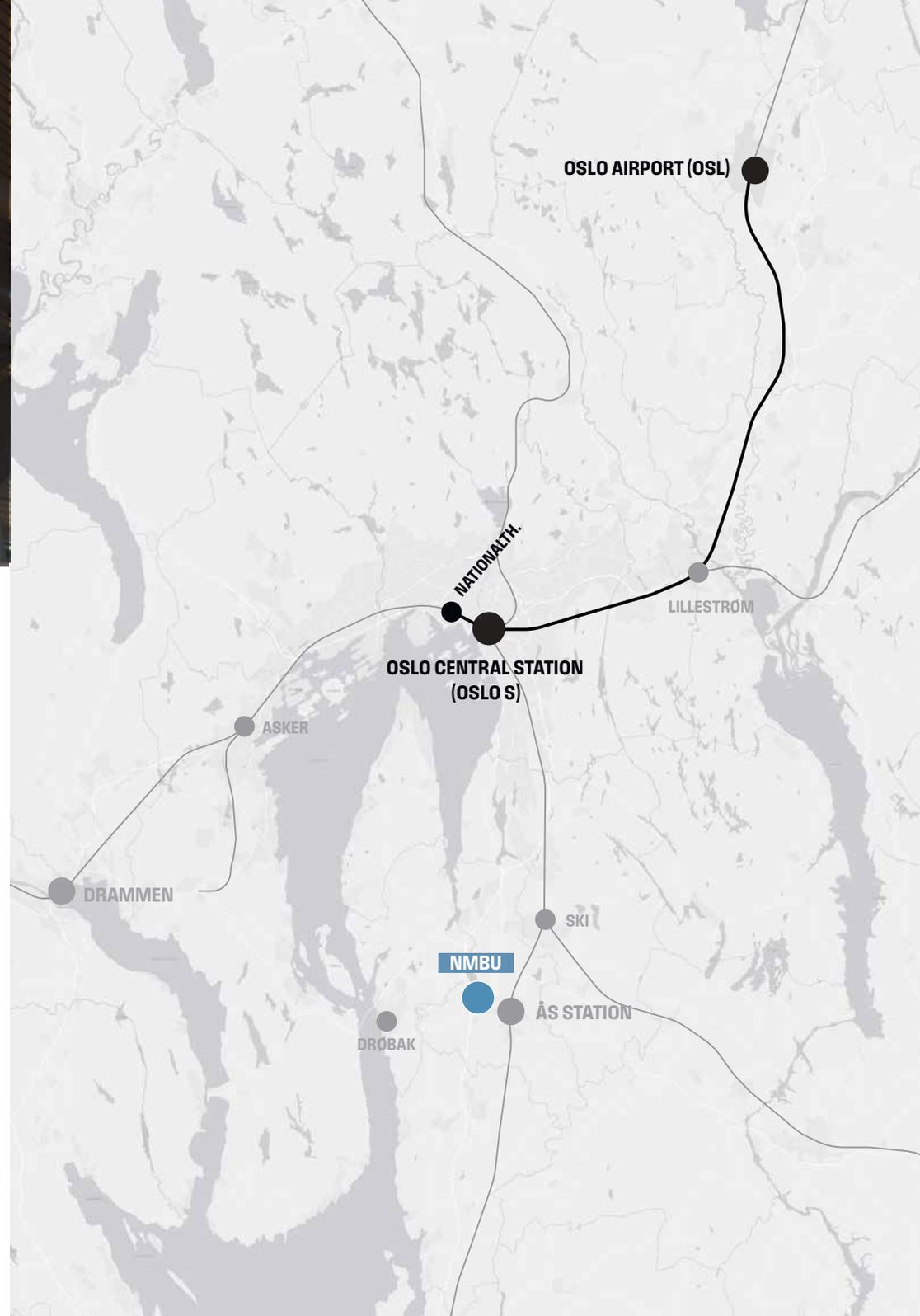
- in the Ruter app
- at ticket machines at the train station

Please note: A Vy ticket is also valid for transfers to the metro, trams, and buses in Oslo city centre (Zone 1).

For trains operated by Flytoget, tickets can be purchased:

- in the Flytoget app
- at ticket machines at the train station

Please note: A Flytoget ticket is valid only for the airport train.



**FROM OSLO TO NMBU**

# BY TRAIN TO NMBU



## STEP 1 TRAIN TO ÅS STATION

The R21 service will take you to Ås Station. The journey takes approximately 17 minutes from Oslo S and 23 minutes from Nationaltheatret. Departures run every 30 minutes.

Operator Service/line and destination

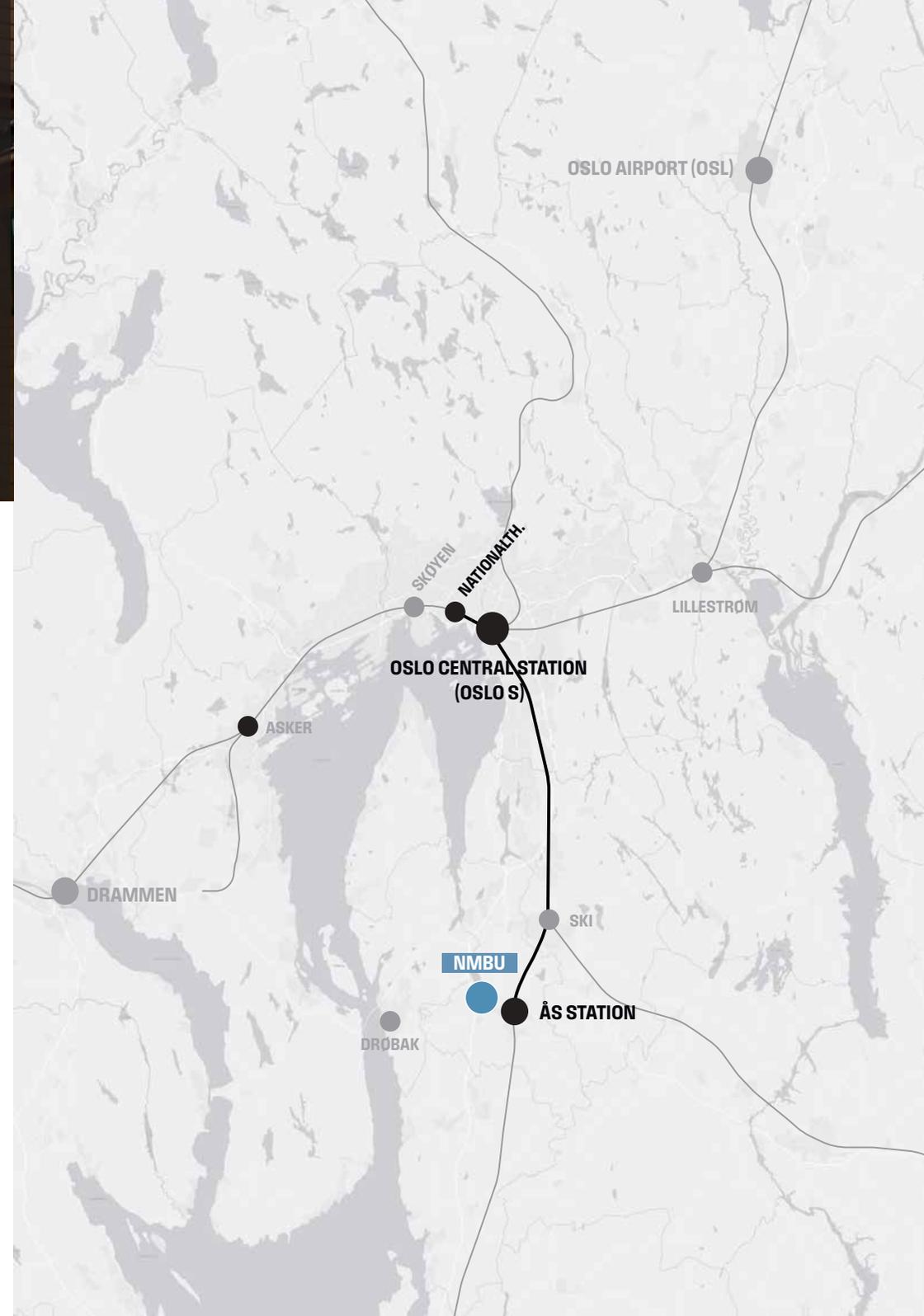


R21 Moss

For trains operated by Vy, tickets can be purchased:

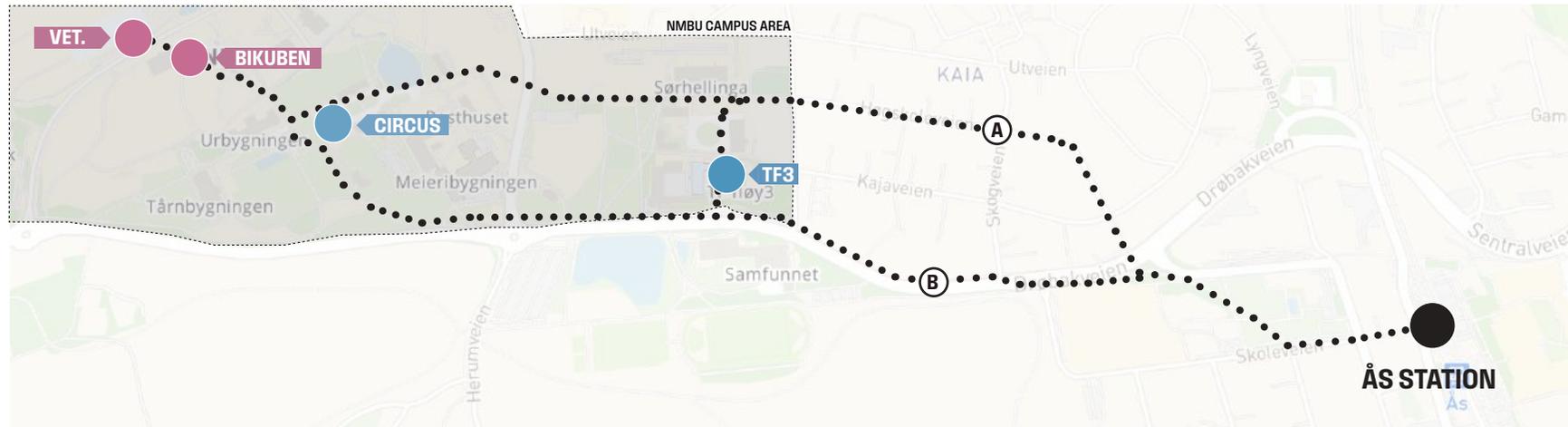
- in the Ruter app
- at ticket machines at the train station

Please note: The train ticket is also valid for bus transfers to NMBU (Zone 2S).



## STEP 2 FROM ÅS TRAIN STATION TO NMBU

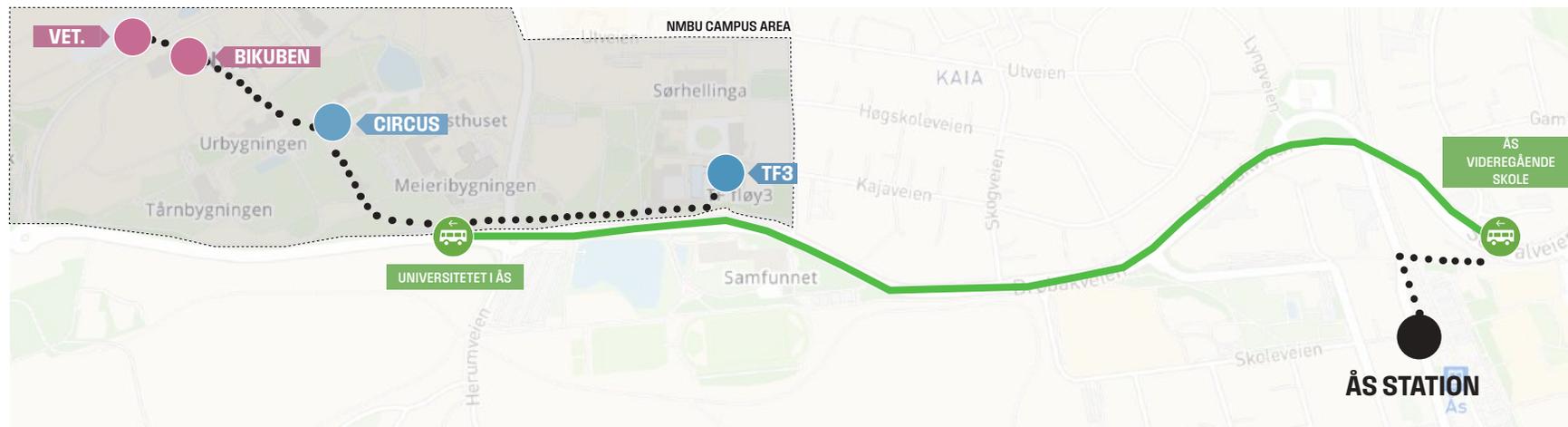
### BY WALK (APPROX. 2 KM)



•• (A) •• Walking route via Høgskoleveien (less car traffic)

•• (B) •• Walking route via Drøbakveien (follows the road)

### BY WALK AND BUS



 Bus stop / direction

••••• Route for walking

You can take the following buses:

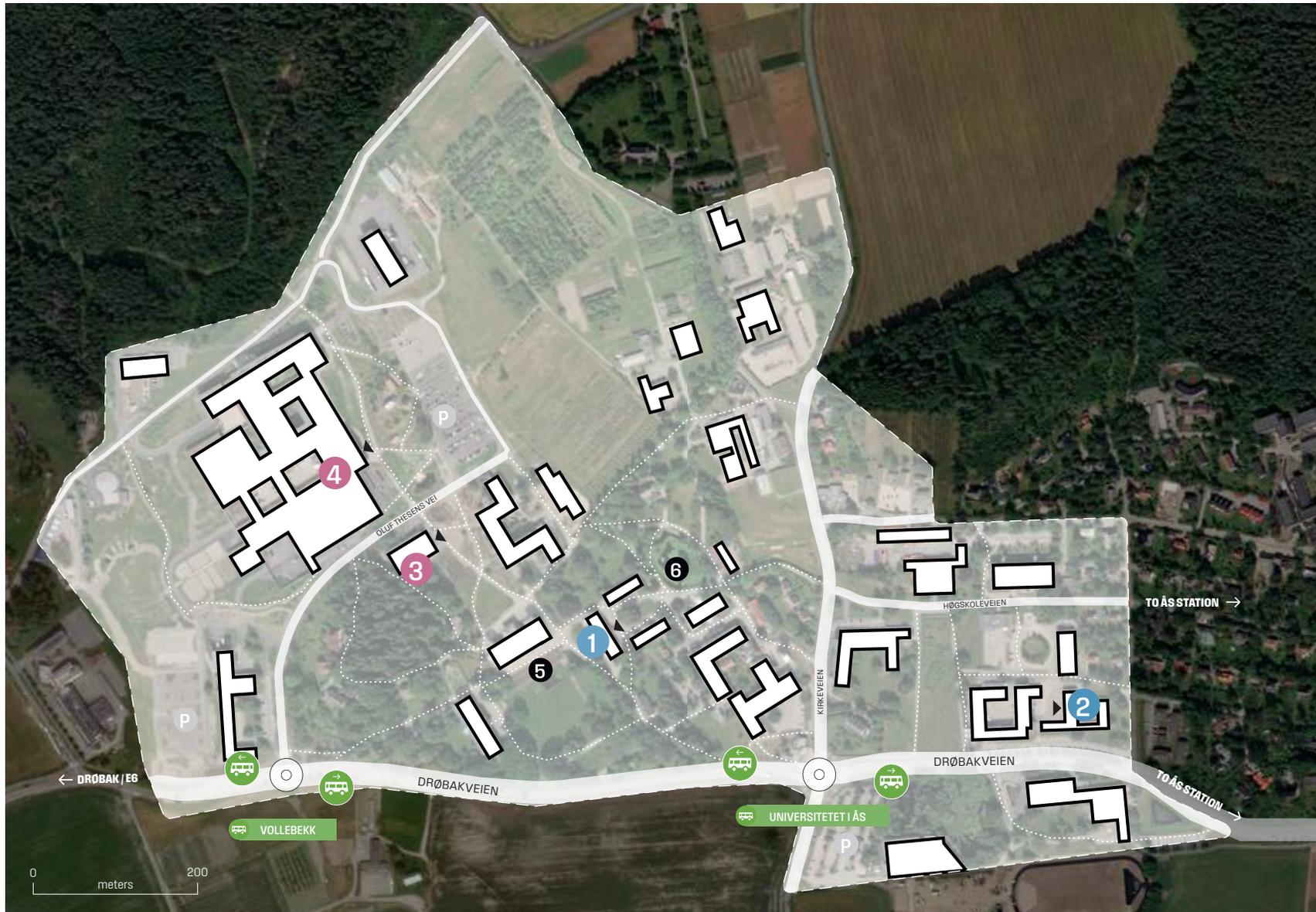
510 Drøbak - Seiersten

510 Drøbak - Frogn vgs

510 Universitetet i Ås

# CAMPUS MAP

# NMBU CAMPUS: OVERVIEW MAP



EXCO MEETING (March 11)

**1** **CIRCUS**

COOREP MEETING (March 12)

**2** **TF3 BUILDING**

HOS EVENT (March 13)

**3** **BIKUBEN**

- Gullvepsen
- Admiralen

**4** **VETERINARY BUILDING**

- Innsikt

RECREATION AND LANDMARKS

**5** **THE CLOCK BUILDING**



**6** **THE DUCK POND**



## TRANSPORTATION

**BUS STOP DIRECTION DRØBAK**

**BUS STOP DIRECTION ÅS STATION**

**PARKING**

# **SOCIAL ACTIVITIES**

# DINNERS

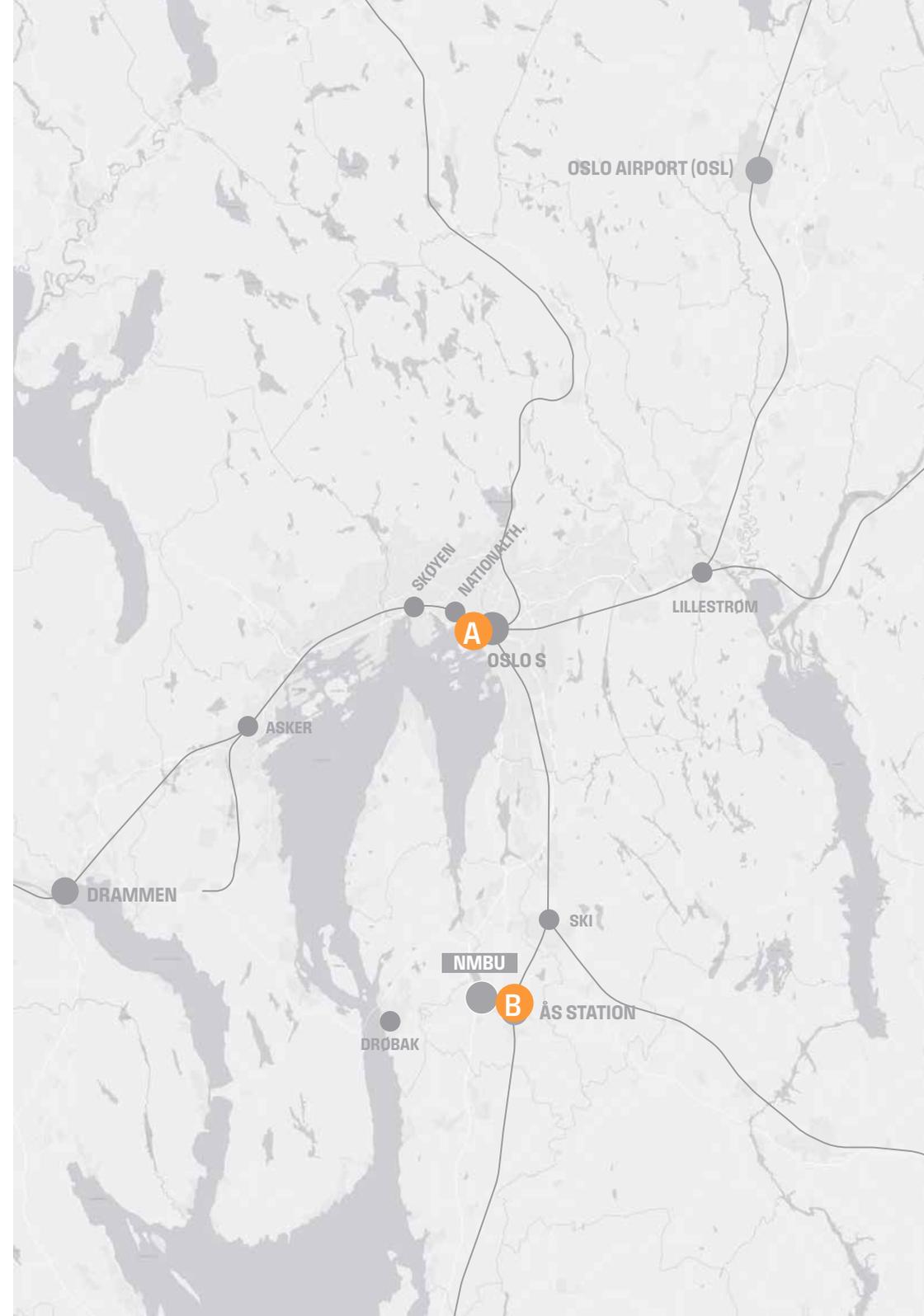
## MARCH 12 ROYAL GASTRO PUB A

**Royal Gastro Pub** is located at Oslo Central Station, inside the historic station hall known as “Østbanehallen”. **Time:** 19:30



## MARCH 13 ÅS BISTRO B

**Ås Bistro** is located next to Ås Station. **Time:** 19:00



# CITY TOURS

## CITY TOUR #1

1

OSLOFJORD - INTER-DISCIPLINARY MASTER PROJECT

**Meeting point:** Outside the Nobel Peace Center at 09:40 AM.

The Nobel Peace Center is close to Nationaltheatret (train, metro, tram). Participants of the tour will take a boat from Aker Brygge to Hovedøya at 10:00. Participants will pay for their own transport tickets (ca. 160 NOK).

## CITY TOUR #2

2

OSLOFJORD - THE FRINGE BETWEEN URBAN DEVELOPMENT AND THE FJORD

**Meeting point:** In front of the Opera House at 10:00 AM.

The Opera House is close to Oslo Central Station (train, metro, tram).

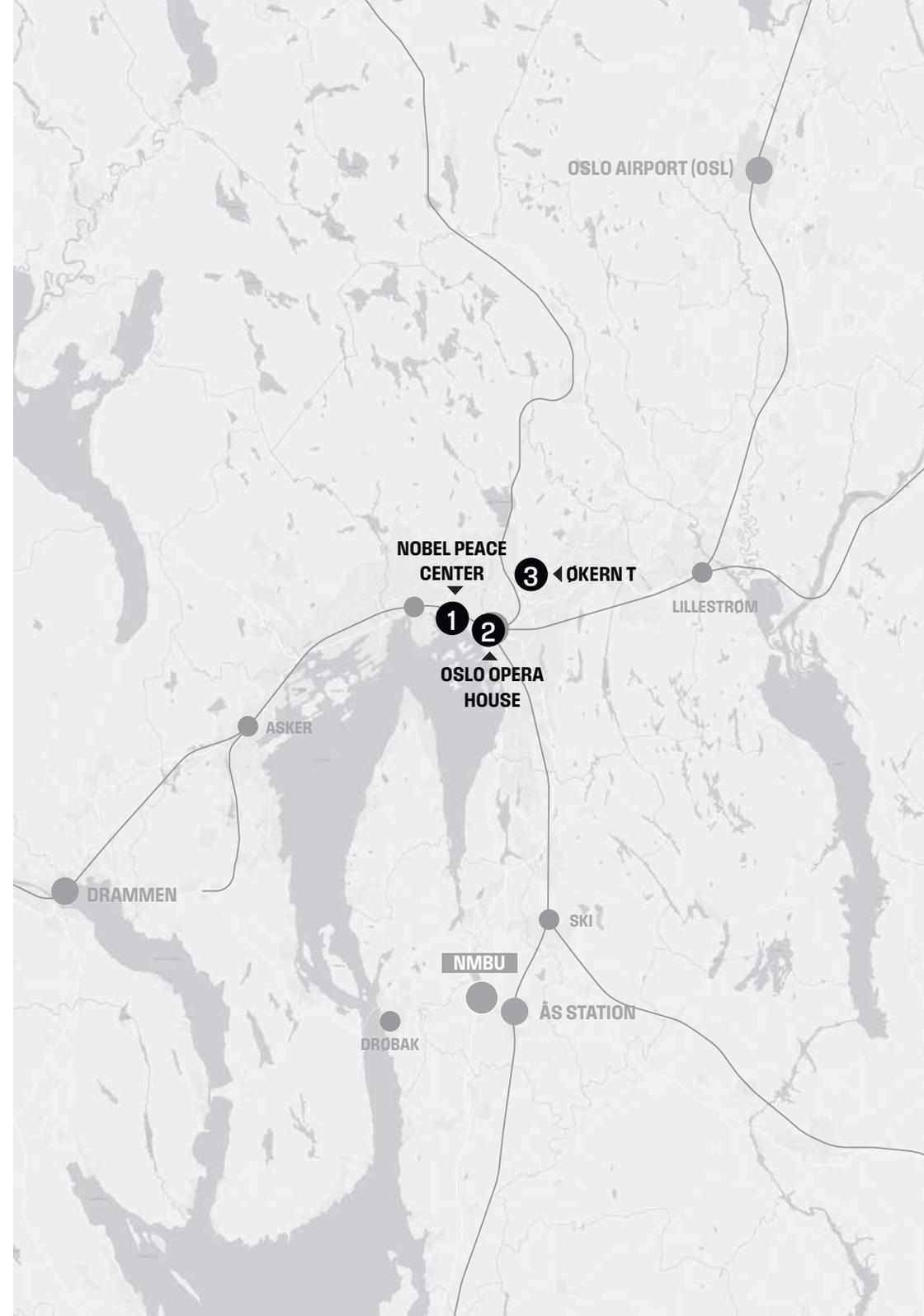
## CITY TOUR #3

3

HOVINBYEN AS A TRANSFORMATION AREA OF PLANNING AND DEVELOPMENT

**Meeting point:** At Økern T (Økern Metro Station) at 10:00 AM

From city centre: Take metro line **5 Vestli** or **4 Vestli** (13-18 min).





# HOS MEETING 2026

Version 02.03.2026 (HG)

